

6- Which one of the following is appropriate when counseling a woman who is requesting emergency contraception following unprotected sexual intercourse (UPSI)?

- A. Copper IUCD insertion is effective provided it is inserted no more than 5 days after known ovulation.
- B. No oral medication exists if >72 h elapsed from unprotected intercourse.
- C. No emergency contraception is available over the counter without a prescription.
- D. Tablet methods are more effective than copper-IUCD at preventing pregnancy.
- E. Ulipristal is a prostaglandin that is effective if taken within 120 h of UPSI.

7- Which one of the following is appropriate when counseling a woman who is requesting postnatal contraception?

- A. COC can be used from 3 weeks postpartum in breastfeeding mothers.
- B. Cu-IUCD or Mirena IUS may be fitted 4 weeks after vaginal or cesarean birth.
- C. Lactational amenorrhoea (which requires fully breastfeeding and amenorrhoea) has around 0.5 % failure rate, even if menses occur.
- D. No contraception is needed till 42 days postpartum as this is the earliest ovulation can recommence.
- E. POP inhibits lactation and are contraindicated if breastfeeding.

8- Ms X has an ERPC/SMM 1 week ago for a missed miscarriage following an unplanned pregnancy at 10/40 weeks. The histology results suggest a molar pregnancy. Ms X is keen on contraception to avoid a further unplanned pregnancy. Her beta hCG levels are 960 mIU/l today. Which of the following contraceptives are best suited to her?

- A. Barrier contraception
- B. Combined oral contraception
- C. Copper IUCD
- D. Minipill
- E. Mirena IUS

9- Ms X presents to the clinic seeking emergency contraception. She recalls her last unprotected sexual intercourse was 4 days ago. She has erratic cycles other wise, and exact time of ovulation cannot be confidently determined. She consents to STI screening. Which of the following treatment options are best suited to her?

- A. Copper IUCD
- B. Levonorgestrel
- C. Mirena IUS
- D. Medroxyprogesterone acetate
- E. Ulipristal acetate

10- Which of the following is true regarding Qlaira?

- A. Qlaira contains estradiol valerate and desogestrel.
- B. Qlaira has continuous 28 days cycle with 26 active pills with decreasing oestrogen and increasing progesterone dose followed by 2 placebos.